

# Belfast

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30
Monday		Swimfit						Aqua Fit												Swim Academy									Swimfit		
Tuesday													Aqua Fit							Swim Academy					Adult Lessons			Aqua Fit			
Wednesday		Swimfit													Adult & Child (HP)					Swim Academy				Aqua Fit							
Thursday							Pre School (HP)						Aqua Circuits							Swim Academy			Adult Lessons	Aqua Fit							
Friday		Swimfit																		Swim Academy											
Saturday								Swim Academy																							
Sunday																															

- Key**
- Closed
  - Member Swim
  - LA Aqua (members only)
  - Family Swim (members only)

- Swim Academy Classes**  
Where class capacity or class type allows, a lane will be made available for member swim.
- Adult Lessons**  
A member swim lane will be made available during these sessions.
- Swim Fit and Aqua Classes**  
A member swim lane will be made available during these sessions.
- Adult & Child, Swim a Song, Pre School Ducklings**  
These programmes will occupy half a pool which will be split across it's width rather than length as shown in the diagram

All sessions in blue to be open to the public for booking. See key to the right for details

**For All Programmes & Classes**  
Where demand or capacity requires, the whole pool can be utilised.

