

Ewell

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	
Monday								Adult Lessons								LA Aqua					Swim Academy					LA Aqua						
Tuesday			Swimfit							LA Aqua						Pre School (HP)	Pre School (HP)					Swim Academy				Aqua Circuits						
Wednesday								Aqua Fit		Adult & Child (HP)	Adult & Child (HP)	LA Aqua										Swim Academy				LA Aqua						
Thursday										LA Aqua			Aqua Circuits									Swim Academy				Adult Lessons		Aqua Fit		Swimfit		
Friday																						Swim Academy										
Saturday					Swim Academy						LA Aqua																					
Sunday									LA Aqua																							

- Key**
- Closed
 - Member Swim
 - LA Aqua (members only)

Various sessions will be open to the public for booking. See key to the right for details

- Swim Academy Classes**
Where class capacity or class type allows, a lane will be made available for member swim.
- Swim Fit**
A member swim lane will be made available during these sessions.
- Adult Lessons**
A member swim lane will be made available during these sessions.
- Parent & Child, Swim a Song, Pre School Ducklings**
These programmes will occupy half a pool which will be split across its width rather than length as shown in the diagram
- For All Programmes & Classes**
The whole pool may be utilised due to capacity and the size of the pool - where possible a lane will be made available for member swim.

LA fitness
We'll get there together.

Delivered in partnership with Community Swimming