Finchley

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30
Monday							LA Aqua							Adult Lessons		Pre School (HP)				Swim Academy								Aqua Circuits			
Tuesday	Swimfit		Adult Lessons					CSL Aqua												Swim Academy						CSL Aqua					
Wednesday							Pre School (HP)									CSL Aqua				Swim Academy					Adult Lessons		LA Aqua				
Thursday		Swim fit	Adult Lessons				LA Aqua		Adult Lessons											Swim Academy					Adult Lessons		Swim fit	CSL Aqua			
Friday								Aqua Circuits	Pre School (HP)											Swim Academy											
Saturday				Swim Academy							Pre School (HP)																				
Sunday																															

Key

- Closed
- Member Swim
- LA Aqua (members only)
- Family Swim (members only)

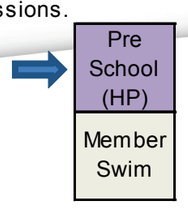
All sessions in **blue** to be open to the public for booking. See key to the right for details

Swim Academy Classes
Where class capacity or class type allows, a lane will be made available for member swim.

Adult Lessons
A member swim lane will be made available during these sessions.

Swim Fit and Aqua Classes
A member swim lane will be made available during these sessions.

Adult & Child, Swim a Song, Pre School Ducklings
These programmes will occupy half a pool which will be split across it's width rather than length as shown in the diagram



For All Programmes & Classes
Where demand or capacity requires, the whole pool can be utilised.

LA fitness
We'll get there together.

BRITISH Swimming
ACCREDITED CENTRE

Delivered in partnership with Community Swimming

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