

# London Wall

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	
Monday														LA Aqua							Swim Academy						Adult Lessons					
Tuesday													Aqua Fit								Swim Academy				LA Aqua		Swimfit		Aqua Circuits			
Wednesday		Swimfit		Adult Lessons				Pre School (HP)					Aqua Circuits								Swim Academy				Aqua Fit							
Thursday														LA Aqua							Swim Academy					Aqua Circuits						
Friday																					Swim Academy											
Saturday							Swim Academy			Adult & Child (HP)	Adult & Child (HP)																					
Sunday																																

- Key**
- Closed
  - Member Swim
  - LA Aqua (members only)

Various sessions will be open to the public for booking. See key to the right for details

- Swim Academy Classes**  
Where class capacity or class type allows, a lane will be made available for member swim.
- Swim Fit**  
A member swim lane will be made available during these sessions.
- Adult Lessons**  
A member swim lane will be made available during these sessions.
- Parent & Child, Swim a Song, Pre School Ducklings**  
These programmes will occupy half a pool which will be split across its width rather than length as shown in the diagram
- For All Programmes & Classes**  
The whole pool may be utilised due to capacity and the size of the pool - where possible a lane will be made available for member swim.

**LA fitness**  
We'll get there together.

Delivered in partnership with Community Swimming