

Northfield

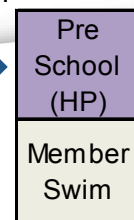
	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30			
Monday							Aqua Fit		Pre School (HP)	Adult & Child (HP)	Adult Lessons		Aqua Circuits								Swim Academy					Aqua Fit		Swimfit						
Tuesday								LA Aqua					Aqua Fit									Swim Academy					Adult Lessons		Aqua Circuits					
Wednesday			Swimfit						Adult Lessons	Aqua Circuits												Swim Academy				LA Aqua								
Thursday							Swimfit			Adult & Child Swim a Song (HP)				Aqua Fit								Swim Academy				LA Aqua		Swimfit						
Friday									LA Aqua		Pre School (HP)			Aqua Circuits								Swim Academy				Aqua Fit								
Saturday									Swim Academy	Pre School (HP)	Adult & Child (HP)					Family Swim																		
Sunday											LA Aqua					Family Swim																		

- Key**
- Closed
 - Member Swim
 - LA Aqua (members only)
 - Family Swim (members only)

All sessions in **blue** to be open to the public for booking. See key to the right for details

- Swim Academy Classes**
Where class capacity or class type allows, a lane will be made available for member swim.
- Adult Lessons**
A member swim lane will be made available during these sessions.
- Swim Fit and Aqua Classes**
A member swim lane will be made available during these sessions.
- Adult & Child, Swim a Song, Pre School Ducklings**
These programmes will occupy half a pool which will be split across it's width rather than length as shown in the diagram

For All Programmes & Classes
Where demand or capacity requires, the whole pool can be utilised.



BRITISH Swimming
ACCREDITED CENTRE