







Orpington


	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30				
Monday		Swimfit						Aqua Fit												Swim Academy						Adult Lessons		Aqua Fit							
Tuesday							LA Aqua			Aqua Fit											Swim Academy						LA Aqua								
Wednesday		Swimfit											LA Aqua		Adult & Child (HP)					Swim Academy						Adult Lessons		Aqua Fit							
Thursday							Pre School (HP)		LA Aqua				Aqua Circuits								Swim Academy						LA Aqua								
Friday		Swimfit					LA Aqua														Swim Academy														
Saturday	Closed			Swim Academy																															
Sunday	Closed						LA Aqua																												


Key
 Closed
 Member Swim
 LA Aqua (members only)
 Family Swim (members only)

All sessions in **blue** to be open to the public for booking. See key to the right for details

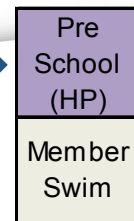
 **Swim Academy Classes**
 Where class capacity or class type allows, a lane will be made available for member swim.

 **Adult Lessons**
 A member swim lane will be made available during these sessions.

 **Swim Fit and Aqua Classes**
 A member swim lane will be made available during these sessions.

 **Adult & Child, Swim a Song, Pre School Ducklings**
 These programmes will occupy half a pool which will be split across it's width rather than length as shown in the diagram

For All Programmes & Classes
 Where demand or capacity requires, the whole pool can be utilised.



BRITISH Swimming
ACCREDITED CENTRE