









Piccadilly

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30		
Monday													Aqua Circuits								Swim Academy					Aqua Fit							
Tuesday																					Swim Academy				LA Aqua	Swimfit							
Wednesday													Aqua Fit								Swim Academy		Adult Lessons		Aqua Circuits								
Thursday			Swimfit	Adult Lessons				Pre School (HP)	Pre School (HP)												Swim Academy			Aqua Fit									
Friday													Aqua Fit								Swim Academy												
Saturday											Adult & Child (HP)	Adult & Child (HP)																					
Sunday																																	

Key
 Closed
 Member Swim
 LA Aqua (members only)

Various sessions will be open to the public for booking. See key to the right for details

-  **Swim Academy Classes**
Where class capacity or class type allows, a lane will be made available for member swim.
-  **Swim Fit**
A member swim lane will be made available during these sessions.
-  **Adult Lessons**
A member swim lane will be made available during these sessions.
-  **Parent & Child, Swim a Song, Pre School Ducklings**
These programmes will occupy half a pool which will be split across its width rather than length as shown in the diagram
-  **For All Programmes & Classes**
The whole pool may be utilised due to capacity and the size of the pool - where possible a lane will be made available for member swim.

LA fitness
 We'll get there together.

Delivered in partnership with Community Swimming


 the asa
 accredited centre