







Southgate


	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	
Monday							Adult Lessons		Pre School (HP)				CSL Aqua							Swim Academy						Adult Lessons						
Tuesday		Adult Lessons	Swim fit					LA Aqua													Swim Academy					CSL Aqua						
Wednesday		Swim fit	Adult Lessons					Adult Lessons	CSL Aqua							Pre School (HP)					Swim Academy					Adult Lessons						
Thursday							CSL Aqua			Pre School (HP)											Swim Academy		Swim fit	Adult Lessons		LA Aqua						
Friday								LA Aqua	Adult Lessons								CSL Aqua					Swim Academy										
Saturday									Swim Academy		Pre School (HP)																					
Sunday									LA Aqua																							


Key
 Closed
 Member Swim
 LA Aqua (members only)
 Family Swim (members only)

All sessions in **blue** to be open to the public for booking. See key to the right for details

 **Swim Academy Classes**
 Where class capacity or class type allows, a lane will be made available for member swim.

 **Adult Lessons**
 A member swim lane will be made available during these sessions.

 **Swim Fit and Aqua Classes**
 A member swim lane will be made available during these sessions.

 **Adult & Child, Swim a Song, Pre School Ducklings**
 These programmes will occupy half a pool which will be split across it's width rather than length as shown in the diagram

For All Programmes & Classes
 Where demand or capacity requires, the whole pool can be utilised.

