

# Sutton Coldfield

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30		
Monday							Aqua Fit		Pre School (HP)	Adult & Child (HP)	Adult Lessons		Aqua Circuits								Swim Academy					LA Aqua							
Tuesday		Swimfit							LA Aqua							LA Aqua					Swim Academy					LA Aqua		Aqua Circuits					
Wednesday							Adult Lessons		Aqua Fit				Swimfit								Swim Academy				Aqua Fit		Swimfit						
Thursday									Adult & Child Swim a Song (HP)		LA Aqua		Aqua Fit								Swim Academy		Swim fit		LA Aqua								
Friday									Pre School (HP)			Swim fit	Aqua Circuits								Swim Academy				Aqua Circuits								
Saturday									Swim Academy	Pre School (HP)	Adult & Child (HP)					Family Swim																	
Sunday									Swim Academy	LA Aqua						Family Swim																	

- Key**
- Closed
  - Member Swim
  - LA Aqua (members only)
  - Family Swim (members only)

All sessions in blue to be open to the public for booking. See key to the right for details

- Swim Academy Classes**  
Where class capacity or class type allows, a lane will be made available for member swim.
- Adult Lessons**  
A member swim lane will be made available during these sessions.
- Swim Fit and Aqua Classes**  
A member swim lane will be made available during these sessions.
- Adult & Child, Swim a Song, Pre School Ducklings**  
These programmes will occupy half a pool which will be split across it's width rather than length as shown in the diagram

**For All Programmes & Classes**  
Where demand or capacity requires, the whole pool can be utilised.

