

# Victoria

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30
Monday		Swimfit		Adult Lessons					Pre School (HP)	Pre School (HP)			Aqua Fit							Swim Academy						Aqua Fit					
Tuesday													Aqua Circuits							Swim Academy						Adult Lessons	Swimfit				
Wednesday																				Swim Academy		LA Aqua									
Thursday														Aqua Fit						Swim Academy						Aqua Circuits					
Friday													Aqua Fit							Swim Academy											
Saturday									Swim Academy	Adult & Child (HP)	Adult & Child (HP)																				
Sunday																															

- Key**
- Closed
  - Member Swim
  - LA Aqua (members only)

Various sessions will be open to the public for booking. See key to the right for details

- Swim Academy Classes**  
Where class capacity or class type allows, a lane will be made available for member swim.
- Swim Fit**  
A member swim lane will be made available during these sessions.
- Adult Lessons**  
A member swim lane will be made available during these sessions.
- Parent & Child, Swim a Song, Pre School Ducklings**  
These programmes will occupy half a pool which will be split across its width rather than length as shown in the diagram
- For All Programmes & Classes**  
The whole pool may be utilised due to capacity and the size of the pool - where possible a lane will be made available for member swim.

**LA fitness**  
We'll get there together.

Delivered in partnership with Community Swimming

**the asa**  
accredited centre